

Level 4 rocks their boas



Level 5 - Boa Beauty Queens



Optionals - Oh Boa!!



Congratulations to our State Qualifiers!! You Go Girls!!

Optionals tell us why...

This month we'll hear from the rest of the Optional girls. Here are their answers to our question 'What do you like about gymnastics':

Carol: I think it gives you a chance to persevere. Learning new (scary) skills makes you braver and stronger.

Taylor: I like gymnastics because I get to learn new things and compete against other gymnasts. I also like gymnastics because my coaches are so supportive that I want to come to practice and do my best. I love my coaches!

Shayna: I like that you can make new friends. I like that you can learn new tricks.

Kinlee: What I like about gymnastics is doing back handsprings on beam.

Allie: I like to come and see Dana and AnaMarie, so they can help me improve.

McKaley: What I like about gymnastics is

tumbling on floor and getting new skills. Also hanging with friends.

Mary: The thing I like most about gymnastics is competition because I love to show off my skills.

Halle: I like that my coaches are always trying to get me to do new skills. Sometimes it's scary, but challenging and fun too.

Macee: What I like about gymnastics is vault and tumbling. I also like it when I get a new skill.

Tianna: You get to do flips and new tricks.

Maddy: You can do back flips and you get to compete with your friends. And then you get ribbons at the end. We also get prizes for getting new skills.

Courtnie: I like having fun with my teammates at meets. I like learning and practicing new skills and I love my gym moms (coaches) !!

Ella: I like everything about gymnastics and I like all of the events!

Haley: Gymnastics keeps you strong, in good shape and flexible, and I love the rush you get when you do a good tumbling pass or stick something on the beam and you think, "Wow I just did that!" I like floor a lot, I like to dance on the floor and do tumbling on the floor. I love being able to get air that other people don't

normally get, like when you do a fly away off the bar and it's so high in the air and effortless, you just get to flip over. I like having a goal and being able to work toward it and failing a whole bunch of times, but then when you finally succeed the first time it's a really great feeling. Those are just some of the things I love about gymnastics.

Additional Mandates

Many of the optional gymnasts mandated after the Broomfield Meet and were not mentioned in the last newsletter. A huge congrats goes to Brekyn (01-02), Jaylee (01-02), Shayna (01-03), Kinlee (02-04), Mary (02-04), McKaley (03-04) and Haley (03-04). **We are extremely proud of you!**

Great Big Thank You

Thank you to all the parents who donated items for the Regional Goody Bags. The girls loved them! We truly appreciate your support this season!



Important Dates:

July 22	Summer Camp Performance 6:45 pm
July 22	Slumber Party 8:00 pm - 8:30 am
July 29	State Meet at Overland H.S. - Optionals arrive at 9:00 am
July 30	State Meet at Overland H.S. - Level 4 arrive at 9:00 am - Level 5 arrive at 2:15 pm
July 31	August Tuition Due
Aug 1	New Skills Training begins



State Qualifiers



All Around

Level 4 - Emily & Hallie
Level 5 - Heather
Optionals - Ella, Laura, Allie, Halle & Mary

Vault

Level 4 - Kira & Lia
Level 5 - Brooklynn & Kristina
Optionals - Shannon

Bars

Level 4 - Lia & Kira
Level 5 - Tyler, Jacey & Brooklynn
Optionals - Courtnie, & Taylor

Beam

Level 4 - Maraya
Level 5 - Kristina
Optionals - Maddy, Shannon, Brekyn & Shayna

Floor

Level 4 - Kira
Level 5 - Brooklynn, Tyler & Kristina
Optionals - Erin, Jaylee, Brekyn, Macee, Tianna, Kinlee & Haley