

Junior Olympic Team Newsletter

October 2012

Important Dates:

October 31st - Gym Closed for Halloween

October 31st - November Tuition Due

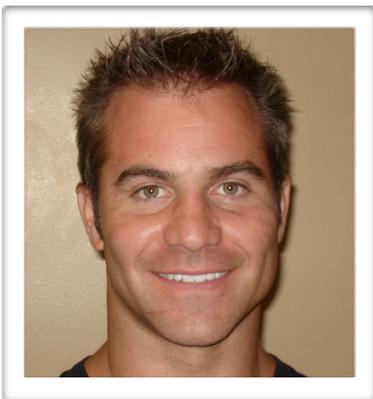
November 2nd - Parent's Night Out 6:45 - 9:30 pm

In loving memory of an amazing coach and friend - We'll make you proud!

Favorite Memories

Things in gym are going great as the gymnasts are getting back into the swing of regular practice. We have seen a lot of motivation, determination, and desire to try new tricks. We are happy with the progressions and glad to say we are on track. We like to take the time during practice to briefly mention things that Scott did to help the girls get to where they are and how proud he would be. Recently we had the girls take some time to write their favorite memories of Scott down. It was really neat to read all the ways that he touched our lives. Here are some of the memories we received from the girls:

I remember that he would always call me 'shorty'. Even if I did a bad skill he would have a smile even when something was not funny - Ella



My memory of Scott was when we were at the lake for Bella's birthday and we pushed him and Sheila into the lake wearing clothes and then he pushed us in but we had our suits on - Brekyn

Halle, Kinlee and I were talking and Scott yelled, "Get your butts moving or I'm gonna make you run!" I said, "OK!" So Scott made us all run for 10 minutes. Then he called us

over and asked us why we ran. I said, "Bananas!" Scott said, "You like bananas? Cool! Go run!" So I did while he asked Halle and Kinlee. Kinlee came and ran with me because she said the wrong thing. We both kept running while we sang "This Little Light of Mine" and would leap in the air like a ballerina when we said 'mine' and 'shine'. We finally stopped running after we ran for about 20 minutes. He smiled and laughed at us at the end of practice - Taylor

Our team was warming up and he got bored so he went over to the trampoline and started doing double backs and triple fulls.

He would always push us and we would sometimes get it - Kira

My favorite memory is when he would say, "I don't care if you're scared, just do it!" - Carol

Inspiring Words by Scott Barone

You've gotta wake up every morning and ask yourself, 'How bad do you want it?' How much work are you willing to put forth for the things and people you want and need in your life? Nothing great comes without effort. But I promise you that if it's something of great meaning in your heart and something you need in your life... EVERY risk, EVERY step and EVERY drop of sweat will be worth it!

When I was on floor and I tried a double full turn and Scott was on vault. I landed in the vault runway. Scott almost stepped on me and he started laughing - Madison

My favorite memory was when I tried my flyway full...and I fell on my face..he was cracking up while I was practically crying and he made me do it again!

Looking over and seeing his final pep talk with Taylor on vault. Scott was locked in and focused on bringing her spirits up. It ended with a big bear hug from Taylor - Brenda

My favorite memory of Scott would be when we were at one of the gymnastic meets and I sat my retainer on the ground and he picked it up because no one else would because they were to scared to pick it up, but he did just like BAMB! - Kellie

When we would be doing conditioning and if we needed a drink or had a cramp, he'd tell us to toughen up and get through it.

When Scott was pushing me and pushing me for vault. The last thing he said to me that night was "That was Awesome!" - Jacey

My favorite memory is when Scott told me to straighten my arms in my snap down back handspring and I didn't then we started laughing because I landed on my head - Brandy

That he was always working us very hard. He was sassy and so were we. He loved each and every one of us. We love him too!

I will always remember the way he looked so bored at our coaches meetings, but showed up anyway (and his smile, laugh and the way he encouraged the girls to be their best) - Jill

My favorite memory is when we took the girls to Hyland Hills and Scott and I played around on all the equipment. We had a ball! - Ingrid

I remember showing Scott that one of the girls wrote 'Scott is Hot' by the bars and he said 'Oh Yeah' - Jen

We will continue to keep Scott's memory vibrant in the gym! We miss you Scott, and know you are so proud of each and every one of the girls!

Golf Outing

Thank you to everyone who came out to support Scott's family at the Coyote Creek Golf Outing! It was a wonderful day! A big thank you goes out to Brenda and Ray Perry for organizing the event!

Gym Closure - October 31st

The gym will be closed on Halloween this year, so that the girls can enjoy their day celebrating the holiday. If you are going trick or treating, please remember to be safe!