



JUNIOR OLYMPIC GYMNASTICS BIRTHDAY INFORMATION

Thank you for letting us help celebrate your child's special day!

Here is some general information on our birthday parties:

- It is our goal to provide a great and memorable experience for parents, guests and especially the birthday child. We will go the extra mile to provide help with the party from start to finish. Not only will we be there to supervise the gym activities, but we will be there for the entire party! We help cut cake, serve food, refill drinks, wash hands, help organize gift opening, and even the thank you list! Best of all, we do all the clean up!! It is our hope that parents get an opportunity to enjoy the party instead of working the party!
- Our parties are designed to last either 1.5 or 2 hours. Typical time break down is 60 minutes in the gym for 1.5 hour parties and 90 minutes in the gym for 2 hour parties with 30 minutes for cake/food/presents in the party room. Depending on the age of the participating children, specifics of music and activities, time in the gym can vary. A typical party starts in the gym with a warm-up/light stretching and gym rules. Once stretched and acquainted, we will conduct a structured lesson in the gym. Instructors can open the gym to free play if requested. This allows the kids to get on all of the equipment. We finish up singing happy birthday. We will then proceed to the party room for food and opening of presents.
- You may come up to a half an hour early to set up any decorations you may wish to use. Bring your themed decorations to your party to decorate with! Our table cloths are neutral in color.
- You can bring anything you would like for your guests to eat or drink. (We do require that the juice is brought in the form of juice boxes or Capri Sun style of containers – this helps prevent spills common with using just cups) Some guests order pizza and bring a cake and juice; others just have cake and ice cream. Remember to bring forks, spoons, napkins, cups, plates, etc if you ordered the Silver Stars Package.
- **A \$50 non-refundable deposit is required at least 7 days prior to your scheduled party date.** If you wish to add additional guests to your party package we must know at least 7 days prior to your scheduled party to be able to secure staffing. We will not be able to accommodate additional participants if they are not accounted for prior to 7 days of your party.
- All participants are required to have a waiver signed by a parent/guardian prior to participation. The host is not able to sign on behalf of participants that are not part of their immediate family.

Please call or email if you have any questions or concerns.

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